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R May 1936

# THE CHARTERED SOCIETY OF MASSAGE AND MEDICAL GYMNASTICS

*Founded* 1894.

*Incorporated by Royal Charter* 1920.

Patroness:—H.M. QUEEN MARY

All Members have signed an undertaking to treat patients only under the direction of a Registered Medical Practitioner.

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Members of this Society alone have been granted permission by the Privy Council to style themselves Chartered Masseuses and Chartered Masseurs.

CHARTERED

# C. S. M. M. G.

## To Members of the Medical Profession

THIS Brochure is sent to you by direction of the Council of the Chartered Society of Massage and Medical Gymnastics in order to familiarise you with the aims of the C.S.M.M.G. and to draw your attention to the significance of these initials after the name of a Chartered Masseuse or Chartered Masseur. They signify membership of a Society which, for forty years, has aimed at providing a one-portal entry to the profession for all those who practise Physical Treatment.

Membership of the Society may be accepted as proof that a supervised course of training has been diligently followed, and that examinations of high standard have been passed.

Our hope is that you will read the following pages, and that, when prescribing Physical Treatment, you will only entrust the care of your patient to a member of the **C.S.M.M.G.**

THE LORD MOYNIHAN OF LEEDS, K.C.M.G., C.B., M.S., F.R.C.S., President of the Society.
REGINALD CHEYNE ELMSLIE, O.B.E., M.S., M.B., F.R.C.S., Vice-President.
SIR WILLIAM HALE-WHITE, K.B.E., LL.D., M.D., F.R.C.P., Vice-President.
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LIONEL D. BAILEY, C.B., M.C., M.R.C.S., L.R.C.P., D.P.H.
DONALD ALEX. COLES, M.D., M.R.C.S., L.R.C.P.
GEORGE PERKINS, M.C., M.A., M.Ch., F.R.C.S.
C. LAMBRINUDI, F.R.C.S.

**Medical Members of the Council.**

**Tavistock House (North),**
**Tavistock Square, W.C.1.**
**January, 1936.**

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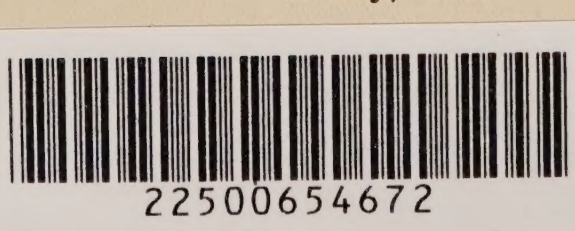

# C. S. M. M. G.

ALL REGISTERED MEMBERS OF THE CHARTERED SOCIETY RECEIVE A COMPREHENSIVE AND PRACTICAL TRAINING EXTENDING OVER TWO YEARS. TRAINING AND EXPERIENCE IN THE WORK OF SPECIAL DEPARTMENTS IN RECOGNISED HOSPITALS IS COMPULSORY.

All members of the C.S.M.M.G. are trained in:—

**Massage and Medical Gymnastics**

while many also qualify in:—

**Electro - Therapy,** including Galvanic, Faradic and Sinusoidal Currents, Diathermy, Radiant Heat, Infra-Red and Ultra-Violet Violet Radiation.

**Medical Hydrology,** including Douches and Partial Baths, Packs, Peat, Mud and Paraffin Wax Baths, Hot Air and Vapour Baths, Immersion Baths.

**Origin**

The Profession of Massage was first organised in 1894 by the formation of the Society of Trained Masseuses. The attempt was then made to raise the standard of Physical Treatment, and to protect a necessary profession, making it a desirable and honourable occupation for educated women.

**War Work**

By 1914 the organisation had so developed that it was possible to meet the need for qualified masseuses to work amongst the wounded. A corps was formed in 1914, and members of the Society were appointed by the various authorities in Massage Departments at Naval and Military Hospitals, and in Convalescent Camps throughout the country.

**The Royal Charter**

In 1920, the Incorporated Society of Trained Masseuses (I.S.T.M.) and the Institute of Massage and Remedial Gymnastics in Manchester (I.M.R.G.) sought together and received incorporation by Royal Charter under which membership was granted to men as well as to women.

**Patroness**

Her Majesty Queen Mary graciously consented to be Patroness of the Chartered Society.

**Rules for Members**

All members give an undertaking in writing to observe the following rules:—

(1) To accept cases only under the direction of a registered medical practitioner.

(2) To advertise only in recognised medical and nursing papers.

(3) Not to sell goods to patients in a professional capacity, or accept secret commissions on the sale of goods.

**Training and Examinations**

Members are trained only at approved schools, all of which are inspected by the Society. Subjects for examination include Anatomy, Physiology, Pathology, Massage, Medical Gymnastics, Medical Electricity, Light and Electro-Therapy and Medical Hydrology.

Clinical and practical work is carried out in hospital departments under the direction of the medical officers in charge assisted by qualified teachers of the Society. Every candidate is examined by a registered medical practitioner in one or more sections of each examination.

**Certificates**

The certificates granted by the Chartered Society are recognised by the Admiralty, War Office, Ministry of Pensions, British Red Cross Society and by the Medical Profession generally.

**Register of Members**

Over 10,000 Chartered Masseuses and Chartered Masseurs are now registered as members of the Chartered Society. A copy of the Society's Register, showing that members are practising throughout the United Kingdom, in the Colonies and elsewhere, will be forwarded by the Secretary to any registered medical practitioner on request.

Some years ago, in two of the largest teaching hospitals in London, over 10 per cent. of all patients were recommended for Physical Treatment. The number of Physical Treatment Departments in hospitals and clinics throughout the country continues to grow, while the services of members are also available in smaller towns and in almost all country districts.

**Journal**

To enable members to keep in touch with recent developments, the Society publishes a Journal every month, which is devoted entirely to physical treatment.

**Annual Congress**

The Society holds an Annual Congress (usually towards the end of September) during which lectures are given by well known members of the medical profession. A cordial invitation is extended to all registered medical practitioners.

**Appointments Bureau**

The Secretary of the Appointments Bureau at the Society's Offices will be pleased to help anyone requiring the services of a Chartered Masseuse or Chartered Masseur.

# C. S. M. M. G.

THE C.S.M.M.G. is greatly indebted to members of the medical profession for their constant support, which is shown by the following extracts from an annotation in the issue of " The Lancet " of August 3rd, 1935.

Very sincere thanks are due to the Editor of " The Lancet " for kind permission to reprint the extract.

## C.S.M.M.G.

The new Register (1935) of the Chartered Society of Massage and Medical Gymnastics contains the names of over 9,500 members, of whom more than 600 are masseurs. When this society came into existence as a chartered body in 1920, as the result of the fusion of the Society of Trained Masseuses and the Institute of Massage and Remedial Gymnastics, its total membership was 3,640. The great and continuing growth of the society in the last fifteen years has been due to the increasing recognition of the value of physical therapy as an ancillary to medical and surgical treatment, when under proper control, and it sufficiently refutes the occasionally heard assertion that this branch of therapeutics has been losing its usefulness since the war years. These registered members have passed through a comprehensive and practical two years' course of education in massage and medical gymnastics, including training in hospitals, and have been accredited by searching examinations. Certificates are granted also after training and examination in medical electricity, light and electrotherapy, medical hydrology, and for teachers of massage and medical gymnastics, medical electricity, and medical hydrology. The Register of the Chartered Society indicates these various distinctions in each case. It is supplied free of charge to medical practitioners anywhere on application, thus providing them with the names and addresses of members practising in all districts. All these members have pledged themselves not to undertake any case except under the direction of a registered medical practitioner, not to advertise except in recognised medical and nursing papers, and not to sell goods to patients in a professional capacity nor to accept secret commissions on the sale of goods. A high standard of professional honour has thus been attained, and the sweeping away of the evil practices of last century has gained for the Chartered Society the confidence of the medical profession and the general public. There has thus been made available for medical practitioners a service of highly trained and trustworthy assistants in physical therapy, and it is a reasonable hope that they will be employed in preference to other exponents of this therapy who have not accepted such a course of training, nor bound themselves not to compete with the medical profession. The evils of uninstructed and uncontrolled physical therapy can only be overcome if members of the Chartered Society receive the full support of medical practitioners; they depend for their livelihood on such co-operation which they have set themselves to merit.

# THE CHARTERED SOCIETY OF MASSAGE AND MEDICAL GYMNASTICS

is the recognised training and examining Body which grants certificates in

MASSAGE

MEDICAL GYMNASTICS

MEDICAL ELECTRICITY

LIGHT AND ELECTRO-THERAPY

MEDICAL HYDROLOGY

Members are pledged

TO WORK ONLY UNDER MEDICAL DIRECTION

A list of Members practising in any locality, or a copy of the Register of the Society, can be obtained from:—

THE SECRETARY C.S.M.M.G.
TAVISTOCK HOUSE (NORTH), TAVISTOCK SQ.,
LONDON, W.C.1.

Tel.: Euston 1676 (3 lines).